



The M.A.D. PROJECT

Make A Difference by Spreading
Kindness

Prairie Trail Team Lead Jr.

2016-2017

Team Lead Jr.

Agenda - Day 1

1. Discuss what kindness means
2. Show Kindness video
3. Discuss the video's problem and solution
4. Discuss different ways to show kindness
5. Discuss how it makes a positive difference

Kindness

What does kindness mean?

Kindness means _____

Why is it important to show kindness?



Kindness: 1A

Video 1: Kids Can Make a Difference

<https://www.youtube.com/watch?v=z95QYwry2k>



Kindness: IB

The kids in the video Made A Difference.

What was the big problem they helped to solve?

How did they help to solve the problem? What did they do to show kindness?

Kindness: IC

Here are ideas that students in the video had for how to Make A Difference. Choose three different ways a person can help others or the world. Then write on the next page how those actions can help make a positive difference.

use less paper

helping a friend

donating hair to
cancer patients

standing up to
bullies

feeding hungry

planting trees

being fair

cleaning a park

showing kindness

use less water

holding a food
drive

be kind online (no
cyberbullying)

donating clothes

recycling cans
and bottles

helping elderly

helping other
countries

donating blood

saving animals

not littering

use less energy

Kindness: ID

Write down the three positive ways to Make A Difference that you chose from the previous page. Then write how these actions can help make a positive difference for someone in the world.

Choice 1: helping a friend

How does it help make a positive difference? Helping a friend shows kindness and makes a difference because

Choice 2: _____

How does it help make a positive difference? _____

Choice 3: _____

How does it help make a positive difference? _____

Agenda - Day 2

1. School Goal
2. Kindness Quote
3. Discuss how the quote shows kindness
4. Discuss pictures for the quote
5. Discuss poster
6. Create poster

Goal of the Year:

- Our goal this year is for students like you to realize that you are what it takes to Make A Difference in our school, community and world. It can be a tiny or large act of kindness that changes or impacts our lives.
- We will discuss what kindness means, how to show kindness, how it Makes A Difference, and practice showing and spreading kindness everywhere.

Goal Today:

- Each classroom is going to focus on one way to Make A Difference at Prairie Trail
- Create posters that will hang in the bus hallway to be little reminders on ways to show kindness

"Enter Kindness Quote"

How does our quote show kindness?

Write down different ways our quote shows kindness. Think about how these actions can help make a positive difference for someone in the world.



Kindness Quote:

What pictures do you think of when
you hear the quote?

IMAGINE DIFFERENT PICTURES DRAWN HERE

Write captions to describe your ideas

Kindness Quote:

What should our poster include?

Write down different ideas of what the poster should include.



Kindness Quote: