

The M.A.D. PROJECT

<u>Make A Difference by Spreading</u> Kindness

Prairie Trail Team Lead Jr.

2016-2017

Team Lead Jr.

Agenda - Day

- I. Discuss what kindness means
- 2. Show Kindness video
- 3. Discuss the video's problem and solution
- 4. Discuss different ways to show kindness
- 5. Discuss how it makes a positive difference



What does kindness mean?

Kindness means _____

Why is it important to show kindness?



<u>Kindness</u>: IA

Video I: Kids Can Make a Difference

https://www.youtube.com/watch?v=z95QYwyry2k



<u>Kindness</u>: IB

The kids in the video \underline{M} ade \underline{A} \underline{D} ifference.

What was the big <u>problem</u> they helped to solve?

How did they help to solve the problem? What did they do to show kindness?

<u>Kindness</u>: IC

Here are ideas that students in the video had for how to <u>Make A D</u>ifference. Choose three different ways a person can help others or the world. Then write on the next page how those actions can help make a positive difference.

use less paper	helping a friend	donating hair to cancer patients	standing up to bullies
feeding hungry	planting trees	being fair	cleaning a park
showing kindness	use less water	Ŭ	
1 1. 1.11		holding a food drive	be kind online (no cyberbullying)
donating clothes	recycling cans and bottles	GLIVE	cybor banging)
donating blood		helping elderly	helping other
	saving animals		countires
not littering		use less energy	

Kinc	ness:	

Write down the three positive ways to <u>Make A</u> <u>D</u>ifference that you chose from the previous page. Then write how these actions can help make a positive difference for someone in the world.

Choice I: helping a friend

How does it help make a positive difference? Helping a friend shows kindness and

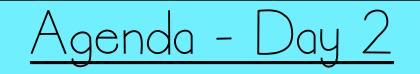
makes a difference because

Choice 2: _____

How does it help make a positive difference?

Choice 3: _____

How does it help make a positive difference?



- I. School Goal
- 2. Kindness Quote
- 3. Discuss how the quote shows kindness
- 4. Discuss pictures for the quote
- 5. Discuss poster
- 6. Create poster

Goal of the Year:

- Our goal this year is for students like you to realize that you are what it takes to <u>Make A</u> <u>Difference</u> in our school, community and world. It can be a tiny or large act of kindness that changes or impacts our lives.
- We will discuss what kindness means, how to show kindness, how it <u>Makes A Difference</u>, and practice showing and spreading kindness everywhere.



- Each classroom is going to focus on one way to <u>Make A D</u>ifference at Prairie Trail
- Create posters that will hang in the bus hallway to be little reminders on ways to show kindness

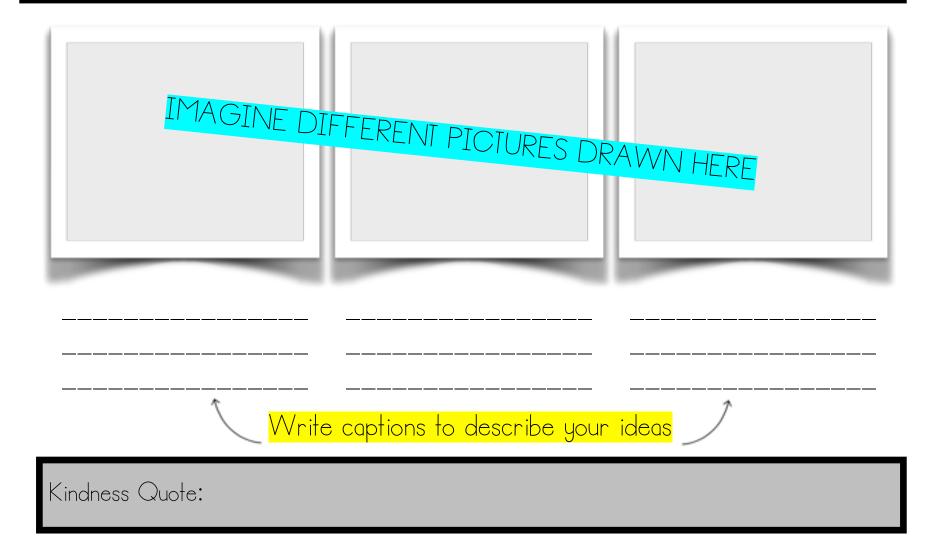
"Enter Kindness Quote"

How does our quote show kindness?

Write down different ways our quote shows kindness. Think about how these actions can help make a positive difference for someone in the world.

Kindness Quote:

What pictures do you think of when you hear the quote?



What should our poster include?

Write down different ideas of what the poster should include.

