

Respect and Kindness



Team Lead Jr.

What is Respect?

You can have respect for others and respect for yourself.

You care enough about yourself that you don't do things that you know can hurt you.

You think good things about how a person acts.

You treat people with courtesy and speak to them with polite words.

You think good things about who a person is.

You act in a way that shows you care about someone's feelings and what happens to him/her.

Respect is how you feel about someone.

Respect is how you treat someone.

Respectful thoughts and actions

What is Kindness?

They are nice, even when others are not.

Kind people help someone who is in need.

Kind people think about another persons' feelings and not just their own.

Kindness makes the world a better place because it makes people happier.

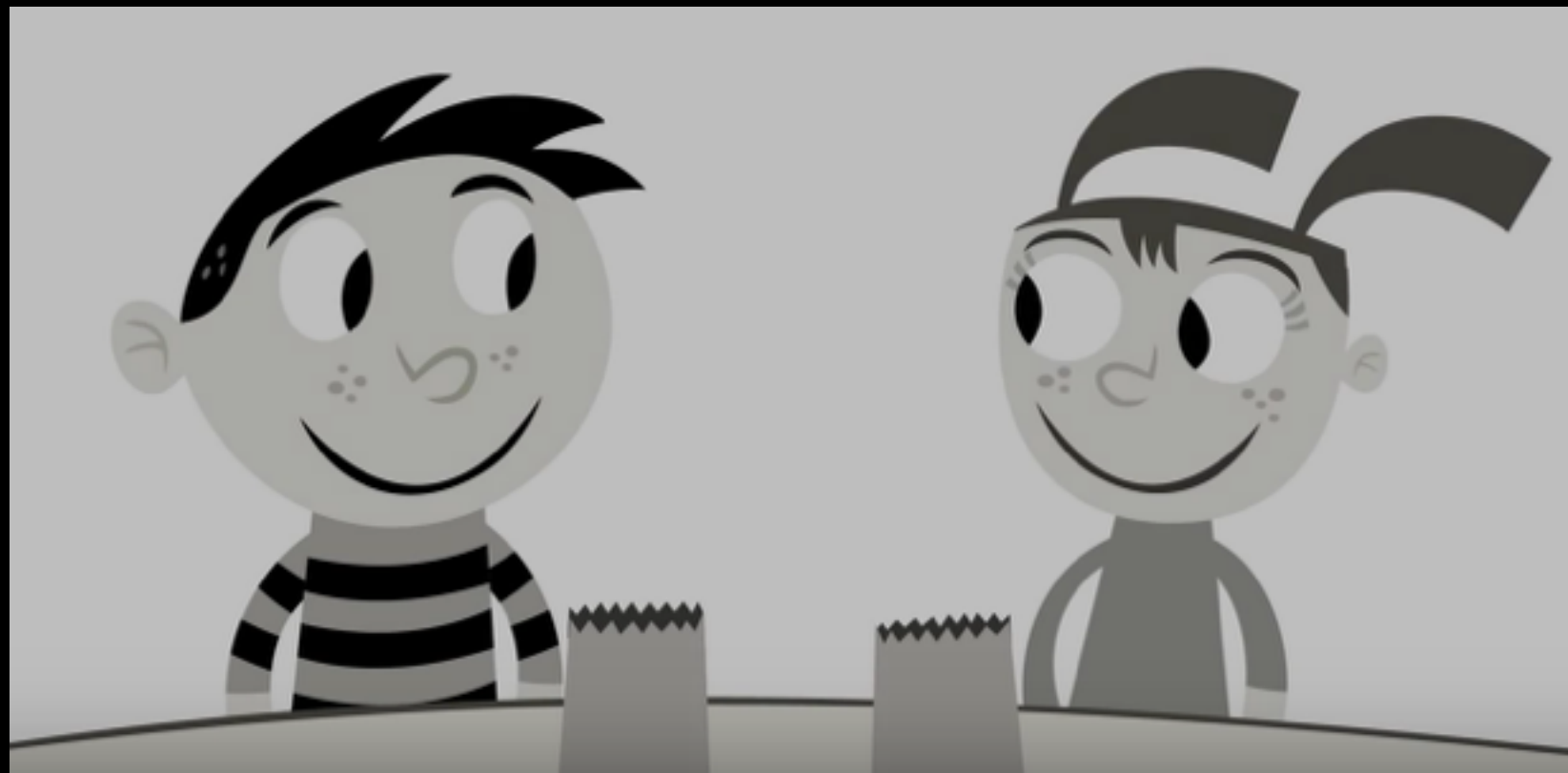
They treat other people kindly because they want to make someone else's life better.

Kind people never expect anything in return.

Kind thoughts and actions

Respect and Kindness

- Kindness can be “contagious.”
- Watch how it can color someone’s world!



[https://www.youtube.com/watch?
v=rweIE8yyY0U](https://www.youtube.com/watch?v=rweIE8yyY0U)

Respect and Kindness

- How was kindness “contagious” in this video?



- What happened every time someone did a kind act?

Respect and Kindness

- Think about what you can do today to add color to someone's life!



**I can say
something
nice.**

**I can ask
someone to
play.**

**I can forgive
someone who
makes a
mistake.**

- Share some ideas of what you can do!

“Always be respectful and kind.”

The End